



for intercultural families



Duo family training is intended for intercultural couples expecting a baby and for new parents. In intercultural families, the partners are born in different countries. The training is in English and free of charge. For more information go to: [en.duoduo.fi/family-training](http://en.duoduo.fi/family-training)  
**NOTE:** The training complements the training offered by "neuvola", but does not replace it.

The training consists of three optional parts:

1. Online course (self-study material online)
2. Face-to-face family meeting (in Helsinki)
3. Bilingualism workshop (in Helsinki)

### ONLINE COURSE

The online course consists of thematic articles, quotes from parents, audio and video clips, online lectures, homework assignments and bonus material. You can take part on the online course wherever and whenever you like. All you need is a computer with an internet connection and speakers

### MEETING SCHEDULE

|                                    |  |
|------------------------------------|--|
| <b>Face-to-face family meeting</b> | Thursday 2.2. <b>or</b> Thursday 20.4. (17.00-19.00) |
| <b>Bilingualism workshop</b>       | Thursday 16.3. (17.00-19.00)                         |

The meetings take place in Familia's office "Kotola" (Yrjönkatu 29 A, 4<sup>th</sup> floor, Helsinki)

### REGISTER

Register by filling in an online registration form at: [bit.ly/2iD1twF](http://bit.ly/2iD1twF)